



MULTNOMAH COUNTY OREGON

Release: January 29, 2007

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**Emergency Preparedness and Pandemic Flu Pocket
Guide now available**

Free guide is offered in four languages

Researchers are beginning to understand mechanisms that could lead to better surveillance of changes in flu virus and may aid in the development of new drugs to treat flu viruses. While this research progresses, public health experts continue to plan for influenza pandemics and other emergencies.

Multnomah County Health Department is promoting a new Emergency Preparedness and Pandemic Flu Pocket Guide in English, Spanish, Russian and Vietnamese. Along with tips on pandemic flu preparedness, the free pocket guide includes details on preparing for many different emergencies, from chemical accidents to earthquakes.

According to Lillian Shirley, Multnomah County Health Department Director, "Each of us must plan for what we would do in a worst case scenario, from individuals and families, to health systems and corporations."

For the past several years, Multnomah County Health Department has focused on community-wide planning, specific to pandemic influenza. These planning activities assist the community in preparing for all types of disasters including public health emergencies, earthquakes or radiological events.

To order the pocket guide, visit the Health Department's website at www.mchealth.org/panflu

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